



Anaphylactic Policy

Sabrina's Law

In May 2005, the Ontario government passed *Bill 3: An Act to Protect Anaphylactic Pupils*, which applies to all publicly funded schools in Ontario. Named "Sabrina's Law," it was signed into effect on January 1, 2006.

Sabrina's Law requires that every school board in Ontario establish and maintain an anaphylaxis policy to help students with serious allergies. It also requires that schools create individual plans for each student at risk of anaphylaxis.

Definition and Purpose of Anaphylaxis Policy and Procedures

Anaphylaxis is a serious allergic reaction that can be life threatening; it requires avoidance strategies and immediate response in the event of an emergency. This allergy may be related to food, insect bites, medicine, latex etc. The requirement for this Anaphylactic Policy is intended to help support the needs of the children with severe allergies and to provide important information on anaphylaxis to parents, staff, students, and visitors at the child care center.

Rippleton Roadsters Child Care is committed to taking a pro-active position regarding the prevention of anaphylaxis.

Strategy to reduce risk of exposure

- The caterer will be made aware of the allergies and food restrictions necessary for each affected child upon the enrollment of the child.
- The catering menu and ingredient list will be posted in each classroom where food is served.
- A food substitution log will be recorded and maintained when changes are made.
- Foods containing "**may contain**" allergy warnings on the label will not be served.
- Children with extreme allergies the child care cannot accommodate will be asked to bring their own food from home in labeled containers with specific instructions
- Staff purchasing food for the centre must read the label each time food is purchased
- All food labels will be checked by staff before it is served
- Anyone supplying food to the centre must be approved by the Director and will be notified of food allergies
- Children with allergies will be added to an allergy list which will be posted in every classroom. All staff will be made aware of allergies. The list will be reviewed twice per year and as needed. The staff will be informed each time a change has been made and a new list will be posted.
- Staff and/or volunteers will be instructed to NOT share food with the children
- All surfaces will be disinfected before and after preparing and serving food
- Play areas (indoor and outdoor) will be checked and monitored for anything that may cause an allergic reaction (wasps, nuts on the ground etc.) the custodian and the Supervisor will be notified of anything that would require immediate attention.
- Children with allergies, attending off-site excursions must be accompanied by staff member with their Epi-pen in case of emergency.
- Each child must have two (2) Epi-pens on-site at all times.
- Staff will check Epi-pens for expiration dates and notify the parents if necessary
- Staff will carry cell-phones on all off-site excursions
- Parents will fill out an anaphylaxis form outlining an individual plan for their child, description of allergy including signs and symptoms and emergency contact information.

Staff Training

- The staff are trained on Anaphylaxis and the use of *Epi-pens during first aid training
- Prior to employment and at the beginning of each new year all staff will be trained by a parent/guardian or physician of a child with anaphylaxis who is enrolled in the child care center
- Volunteers and students will be given a handout and the Executive Director or parent of the anaphylactic child will provide training
- Volunteers/students will not be permitted to administer medication unless under extreme circumstances
- Training will include procedures to be followed in the event of a child having an anaphylactic reaction, recognizing the signs and symptoms and the administration of medication
- Staff will conduct a check to confirm child(ren) have their required medication with them before each transition (i.e moving from one class to another, leaving on an excursion...etc.)
- The staff will be required to sign and date that they have received training
- The office will keep a log on file of all the training, dates, trainers, and staff signatures

Individual Plan and Emergency Procedures

Prior to enrollment, the parent/guardian will meet with the Executive Director to provide input in-put for the child's individual plan and emergency procedures the plan will include but is not limited to:

- Description of the child's allergy
- Monitoring and avoidance strategies
- Signs and symptoms of an allergic reaction
- Childcare staff roles and responsibilities
- Parent/guardian consent for information sharing and posting of child's allergy and emergency plan
- Location of epi-pen and back-up epi-pen
- Individual plans and procedures will be reviewed by staff, students, and volunteers before employment and annually thereafter
- Children in FDK and SA are permitted to carry their epi-pen with parental consent which is documented on the child's individual plan.

Parents are requested to advise the program Executive Director if their child develops an allergy, requires medical attention and if there is any change to the child's individual plan. Individual plans will be revised yearly and as directed by the parent or physician.

Copies of Individual Plans are in each child's file, emergency pouches, and posted in every room operated by the child care centre, including the office.

Communication for the Dissemination of information

Parents will be informed by newsletter/handout regarding allergies in the centre at the beginning of each year and upon orientation for new enrollments throughout the year.

Children with allergies will be added to an allergy list which will be posted in every classroom. All staff will be made aware of allergies.

All staff will review and become familiar with each child's individual plan at the time of enrollment.

Parents with children with anaphylaxis will provide an individual plan for their child prior to enrollment.

A list of allergies is posted in the childcare office and in each classroom detailing allergies and action to be taken for each affected child

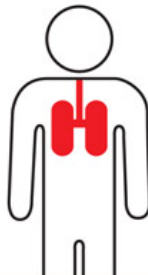
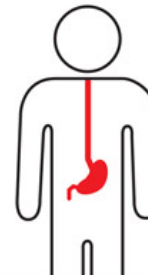
Emergency Protocol

Prior to the first day of enrollment the parent/ guardian will meet with the Executive Director to provide input for the child's individual plan and emergency procedures. Individual plans will be revised yearly, and any changes/adjustments will be made according to parent's/guardian's direction as needed. Any changes made throughout the year will be brought to the attention of the entire staff and will be updated on the allergy list.

- One staff stays with the child at all times and administers Epi-pen while another staff calls for help and waits for the ambulance to arrive
- 911 is called and child is transported to the hospital even if the symptoms subside
- Follow emergency procedures as outlined in the child's individual plan
- Administered Epi-pen is to accompany child to the hospital or given to the paramedics when they arrive

Know the Signs and Symptoms

- Reactions can differ each time. Remember, an allergic reaction can start with mild symptoms that can get worse quickly.
- Reactions can look different each time. A person can have a severe reaction without having hives, for example.
- Follow the chart below to understand the signs of anaphylaxis.
- Remember, the auto-injector can save a life. When in doubt, use it.

				
SKIN	RESPIRATORY	GASTROINTESTINAL	CARDIOVASCULAR	NEUROLOGICAL
hives, swelling, itching, warmth, redness	coughing, wheezing, shortness of breath, chest pain or tightness, throat tightness, trouble swallowing, hoarse voice, nasal congestion or hay fever-like symptoms, (sneezing or runny or itchy nose; red, itchy or watery eyes)	nausea, stomach pain or cramps, vomiting, diarrhea	dizziness/ lightheadedness, pale/blue colour, weak pulse, fainting, shock, loss of consciousness	anxiety, feeling of "impending doom" (feeling that something really bad is about to happen), headache
				OTHER
				uterine cramps