

HANDPRINT FAMILY TREE

ELECT#2.4 Recognizing & expressing emotions
Beginning to integrate mixed emotions

This will be a great keepsake for your whole family to remember & reflect how you all feel about this time you've spent together.

Materials:

large size construction paper/ poster board/ canvas or whatever you have handy
green & black paints (brown, gray, red, orange & yellow can work too)
paint brushes
pencils with erasers
fine tip marker (sharpie)

How to do it:

Please cover your workspace to help with clean up & to help prevent paint splatters!
After the workspace is covered & all your materials are gathered...

Use a pencil to lightly draw a large simple tree trunk & a few branches onto your paper .Leave some room around the tree on the paper so handprints & writing can fit. If you need help ask a family member, you're all in this together!!

Adjust & rearrange the tree with pencil & eraser till you're all happy with it!

Paint over the tree & branches with black, brown, dark gray or customize your own dark colour.
Remember to leave room for the handprints & writing! Please allow the paint to dry completely before starting the next step.

Each family member has a turn to paint their hand with their chosen light colour & place it onto a branch. You may need to press & hold the painted hand down for a few seconds to get the desired effect of all the fingers, thumbs & palms.

After everyone has had their turn & the paint has dried, each person should lightly write their name in pencil on their handprint, so you'll know whom it belongs to years from now!!

Allow to completely dry.

Paint over the writing or you could use sharpies, it's up to you what you'd like to use to personalize it for you & your family!

Have fun, take some pictures of the process, enjoy this family time together! We'd love to see your unique family tree too. Send us some pics !!

