

Tape Resistant Painting – Emotional Activity

Elect References:

2.Emotions

- 2.1 Self-Concept
- 2.4 Recognizing and Expressing Emotions
- 2.6 Positive Attitudes toward Learning

4.Cognition

- 4.3 Representation



Description of Activity:

Before beginning with the painting, set up an area with tablecloth or newspaper to prevent making a mess.

1. Children can then begin taping on the canvas in any designs they want. They can do random stripes, letters of their name, or in a shape of any objects.
2. Make sure to press the edges of the tape design down securely to prevent paint from seeping underneath.
3. Paint over the entire canvas using the colors they want. Afterward, let the painting sit and dry.
4. After the paints are completely dried, children can lift up the tape to see the design they have made.

Supplies Needed:

- Canvas/painting paper (Any size, depends on how much the child wants to paint)
- Paint brushes
- Acrylic paint/washable paint/watercolor/pastel
- Painter's tape
- Sharpies (optional)

