

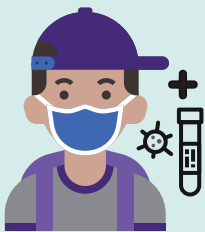


KNOW WHEN TO Self-Monitor, Self-Isolate or Send your Child to School

Schools and parents have questions about COVID-19, and what they should be doing to protect their families and their community.

Below are some examples of possible situations with information to help guide schools and parents.

What if...



Hossein tests positive for COVID-19...

- Hossein will need to self-isolate for 10 days from when the symptoms began.
- His siblings and his family will all need to self-isolate for 14 days.



Julia has symptoms of COVID-19...

- Julia needs to self-isolate at home, and arrange to get tested.
- Julia's siblings and other family members can still go to school or work while she is waiting for her test results, and if she tests negative for COVID-19.
- Julia can return to school if her test is negative, and her symptoms have been improving for at least 24 hours.



Bao Lee has symptoms of COVID-19, but did not get tested...

- Bao Lee will have to self-isolate at home for 10 days from when his symptoms started.
- Bao Lee's siblings and other family members can still go to school or work as long as they don't have symptoms.



Abdul was in close contact with someone who has COVID-19...

- Abdul must self-isolate at home for 14 days, and monitor for symptoms.
- Abdul's siblings and other family members can still go to work or school.
- But, if Abdul develops symptoms, his siblings and family will need to self-isolate for 14 days from the day his symptoms started.





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Berta's mom was in close contact with someone who tested positive for COVID-19...

- Berta's mom must self-isolate at home for 14 days, and arrange to get tested.
- Berta can still go to school.
- If Berta's mom develops symptoms of COVID-19 while she is self-isolating, then Berta, her siblings and other family members will also have to self-isolate until her mother's COVID-19 test results are confirmed.

Jackson's mom has travelled outside of Canada in the last 14 days...



- Jackson's mom must self-isolate at home for 14 days. She should stay in a separate room and keep her distance from others at home.
- Jackson can go to school as long as he doesn't have symptoms.
- If Jackson's mom develops symptoms, she should get tested. Jackson and his family will have to stay home and self-isolate if Jackson's mom tests positive for COVID-19.