

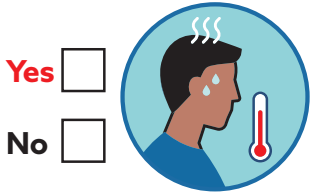


COVID-19

For Staff and Visitors to the Child Care Centre

Name: _____ Date: _____ Time: _____

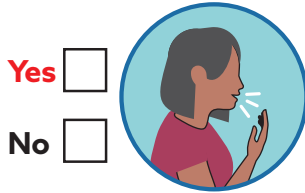
1.) Do you have any of the following new or worsening symptoms or signs?*



Yes

No

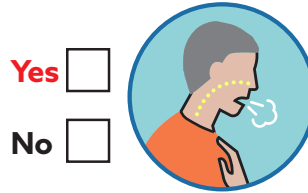
Fever or chills



Yes

No

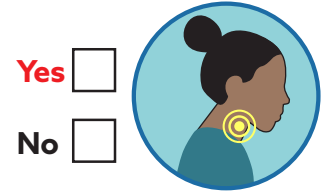
Cough



Yes

No

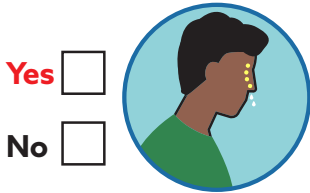
Difficulty breathing or shortness of breath



Yes

No

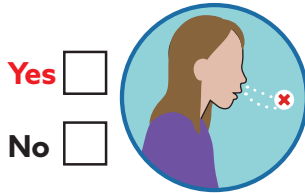
Sore throat or trouble swallowing



Yes

No

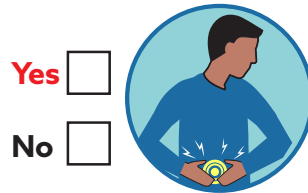
Runny or stuffy nose



Yes

No

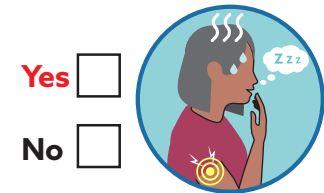
Decrease or loss of taste or smell



Yes

No

Nausea, vomiting or diarrhea



Yes

No

Not feeling well, extreme tiredness or sore muscles

If "YES" to any symptom:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

2.) Does anyone in your household have one or more of the above symptoms? Yes No

3.) Has anyone in your household travelled outside of Canada in the past 14 days? Yes No

4.) Have you been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate? Yes No

* If you have an existing health condition that gives you the symptoms you should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your normal symptoms.

If "YES" to Questions 2,3, or 4:



Stay home



Follow Toronto Public Health advice

Updated February 2021



CHILD CARE STAFF/VISITOR I HAVE ONE OR MORE SYMPTOMS OF COVID-19. WHAT SHOULD I DO?

Were you a close contact of someone who tested positive for COVID-19?

YES

- Everyone, including household members, should stay home and self-isolate. Go for testing.
- If **positive**, notify the child care setting. Toronto Public Health will follow up with instructions.
- If **negative**, you will still need to self-isolate for 14 days from last exposure to the person who was **positive**. Any children in the household should self-isolate from the child care setting until the person who is a close contact completes self-isolation.
- If you are not tested you need to stay home and self-isolate for 10 days. Household contacts will need to stay home and self-isolate for 14 days.

NO

- Notify the child care setting that you have symptoms.
- You should stay home, self-isolate and get tested.
- Anyone in the household who attends the child care setting must also stay home and until your test is negative.

What was the result of your COVID-19 test?

POSITIVE

- You must stay home & self-isolate for 10 days from the day your symptoms started.
- Household members & close contacts must also self-isolate for at least 14 days.
- Toronto Public Health or your local health unit will contact you to do an investigation & will provide further instructions.

NEGATIVE

- You may return to the child care setting 24 hours after your symptoms have started improving.
- Children can return to child care right away as long as they do not have symptoms.
- Adults who attend the child care setting can return to school right away as long as they do not have symptoms.

NOT TESTED

- You must stay home & self-isolate for 10 days from the day your symptoms started. After 10 days, you can return to the child care setting if your symptoms are improving.
- Anyone in the household who attends a child care setting must also stay home for 10 days.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, you can return to the school 24 hours after your symptoms improve. Household members do not need to stay home.



If anyone in your household has travelled outside of Canada in the last 14 days, the person who travelled is required to self-isolate for 14 days. Everyone in the household will also need to stay home from school until the person who travelled completes the 14 day quarantine. If the individual is exempt from travel quarantine because they perform an essential job (e.g. truck driver, pilot), the rest of the household can still attend school.